

Table 1.FGID prevalence and risk factors: Uzbek conscript sample vs published military cohorts

Cohort / Sample	n	FGID Prevalence (%)	Dominant Subtypes / Notes	Independent Psychological Predictors
Uzbek conscripts (ours)	910	~19.8 %	FD ~8.7%, IBS ~3.4%, overlap ~5.2 %	Somatization (OR ~1.12), Obsessive–compulsive (OR ~1.07)
Korean Army (Bang et al.)	967	18.5 % (adjusted 18.1 %)	FD , chest pain, heartburn, IBS mix	Somatization (OR 1.141), OC (OR 1.084), Depression (OR 0.943)
Chinese ground + air personnel	4,170	23.5 %	Gastroduodenal disorders predominate	Diet, sleep, stress factors